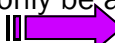
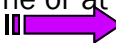


Queensbury Department of Parks & Recreation

2017 FALL / 2018 WINTER * Learn-To-Swim Lessons

LESSONS ARE HELD AT QUEENSBURY ELEMENTARY SCHOOL

September 9, 2017 – April 21, 2018

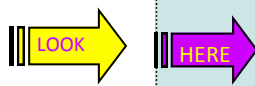
Swim lessons are available for children ages 3 and up. The classes (American Red Cross Learn-To-Swim program) are designed to improve each child's swimming skills at his/her own pace. Classes will be offered Saturday mornings for 6 weeks (6 classes). Infant/Toddler/Parent classes available for ages 6 to 36 months will be offered on Wednesday evenings for 6 weeks. See separate schedule for specific dates and times. Registration is required prior to the lesson and will only be accepted on-line or at the department office (742 Bay Road). **Terms 3 & 4 are listed on Page 2**  **FLIP OVER** 

For more information call the Queensbury Parks & Recreation Department @ 761-8216 ~ http://recreation.queensbury.net



Level 1 - 4 - Resident \$35 (1/2 hr class) - Non-Resident \$45 **Level 5 & 6** - Resident \$45 (1 hr class) - Non-Resident \$55

Online Registration is now available visit: queensburyrec.com



REGISTRATION BEGINS : August 29th (for everyone)



TERM 1 September 9—October 21, 2017 (No Class on 10/7/17)		TERM 2 October 28—December 16, 2017 (No Class on 11/11 & 11/25/17)	
LEVEL 1 Children 3 – 5 years of age – introduction to water skills.			
10:00	10:30	11:30	12:30
LEVEL 2 Able to submerge face, kick on front and back with support.			
10:00	11:00	11:30	12:00 12:30
LEVEL 3 Able to hold breath underwater, front and back glide, combined stroke front/back and kneeling dive.			
10:00	10:30	11:00	12:00
LEVEL 4 Able to dive from side, front/back crawl 25 yards, and elementary backstroke 10 yards.			
10:30	12:30		
LEVEL 5 Able to swim front/back crawl 50 yards, elementary backstroke 25 yards, breaststroke/sidestroke 10 yards.			
11:00			
LEVEL 6 Able to swim front/back crawl 100 yards, elem. backstroke 50 yards, breaststroke/sidestroke 50 yards, and flip turns.			
11:00			

Queensbury Department of Parks & Recreation

2017 FALL / 2018 WINTER * Learn-To-Swim Lessons



(Continued from Page 1)

Terms 3 and 4 below

Level 1 - 4 - Resident \$35
(1/2 hr class) - Non-Resident \$45

Level 5 & 6 - Resident \$45
(1 hr class) - Non-Resident \$55



WEBSITE: <http://recreation.queensbury.net>
ON-LINE REGISTRATION @: queensburyrec.com

TERM 3

January 6—February 10, 2018

TERM 4

March 3— April 21, 2018
(No class on 3/31 & 4/7/18)

LEVEL 1											
Children 3 – 5 years of age – introduction to water skills.											
	10:00	10:30	11:30	12:30			10:00	10:30	11:30	12:30	
LEVEL 2											
Able to submerge face, kick on front and back with support.											
	10:00	11:00	11:30	12:00	12:30		10:00	11:00	11:30	12:00	12:30
LEVEL 3											
Able to hold breath underwater, front and back glide, combined stroke front/back and kneeling dive.											
	10:00	10:30	11:00	12:00			10:00	10:30	11:00	12:00	
LEVEL 4											
Able to dive from side, front/back crawl 25 yards, and elementary backstroke 10 yards.											
		10:30		12:30				10:30		12:30	
LEVEL 5											
Able to swim front/back crawl 50 yards, elementary backstroke 25 yards, breaststroke/sidestroke 10 yards.											
			11:00						11:00		
LEVEL 6											
Able to swim front/back crawl 100 yards, elem. backstroke 50 yards, breaststroke/sidestroke 50 yards, and flip turns.											
			11:00						11:00		