

All programs are based on grade level for the 2018-2019 school year.

Fall Programs

PIGSKIN FOOTBALL

An instructional flag football program that will focus on having fun and learning basic football skills and concepts (individual and team). This is a non-competitive league.

FOR | Grades 3-6
WHEN | September 29-October 27
(No Program 10/8/18 – Columbus Day)
FEE | Resident \$50; Non-Resident \$60

PRACTICES:

WHEN | Mondays & Wednesdays
TIME | 5:45-6:45 pm Please Note: Practice time changes mid-season due to the lack of daylight. (An earlier start time will be announced.)

WHERE | Queensbury School Athletic Field 5E

GAMES:

WHEN | Saturdays
TIME | 8:45-10:00 am
WHERE | Queensbury School Athletic Field 5E

PROGRAM SUPERVISORS:
Matt Crossman,
Queensbury Varsity Football Coach
John Martin,
Queensbury Middle School Football Coach, with assistance from the Queensbury Varsity Football Team

PLEASE NOTE:
On Saturday, September 29, there will be a Players' Clinic (all players), 8:45-10:00 am, held at the Queensbury School Athletic Field 5E. There will be a Volunteer Coaches' Meeting from 10:00-10:15 am.



SOCCER LEAGUE

For boys and girls Grades 1-6. Program will offer instruction as well as game experience with an emphasis on participation and fun. This is a non-competitive league.

FOR | Grades 1-6
WHEN | September 8-October 13
FEE | Resident \$50; Non-Resident \$60

PRACTICES/SKILL DEVELOPMENT:

WHEN | Saturdays
TIME | Grades 1 & 2: 8:30-9:30 am
Grades 3 & 4: 9:45-10:45 am
Grades 5 & 6: 11:00 am-12:00 pm

WHERE | Queensbury High School Boys Soccer Fields

GAMES:

WHEN | Grades 1 & 2 (Tuesdays)
Grades 3-6 (Thursdays)
TIME | 5:15-6:30 pm
WHERE | Jenksville Athletic Fields

ORGANIZATIONAL CLINIC:
On Saturday, September 8, there will be an organizational meeting (all players and volunteer coaches) held at the Queensbury School Athletic Fields. All team assignments & coaches packets will be distributed at this time.

CLINIC TIMES:
Grades 1 & 2: 8:30-9:30 am
Grades 3 & 4: 9:45-10:45 am
Grades 5 & 6: 11:00 am-12:00 pm

REGISTRATION DEADLINE:
AUGUST 24

SOCCER NOTE: An additional \$15.00 fee will be charged after August 24.

Fall Programs



GIRLS SPARTAN HOOPER FALL BALL CAMP

For girls entering Grades 3-6 for the 2018-2019 school year. Girls will participate in skill development drills, FUN contests, small-game play (2v2 & 3v3), and 5v5 games to continue to improve their understanding of the rules and strategies of the game.

FOR | Girls Entering Grades 3-6
WHEN | Grades 3 & 4: October 1-29 (Mondays)
(No Program 10/8/18 — Columbus Day)
Grades 5 & 6: October 3-24 (Wednesdays)

TIME | 6:00-7:00 pm
WHERE | Queensbury Middle School RFI Gym
FEE | Resident \$50; Non-Resident \$60

PROGRAM SUPERVISORS:
Megan Bethel,
Queensbury Girls Varsity Basketball Coach
Lauren Surber,
Queensbury Girls JV Basketball Coach

FALL YOUTH GOLF LESSONS

Join us for this fantastic fall activity! This 3-session lesson program will cover golf basics. Whether you are a beginner or a current player that needs a refresher, this course will provide you with the skills that you need to progress.

FOR | Ages 7-17
WHEN | September 8, 15 & 22 (Saturdays)
TIME | 10:00-11:00 am
WHERE | Hiland Golf Club, 195 Haviland Road, Queensbury
FEE | Resident \$65; Non-Resident \$75

PROGRAM SUPERVISOR:
Jim Jeffers,
Golf Pro and Director of Golf,
Hiland Golf Club

CLASS SIZE:
20 MAX

Registration Information

Online: recreation.queensbury.net
In Person: Queensbury Parks & Recreation Department
742 Bay Road, Queensbury NY 12804
8:00 am-4:30 pm, Monday-Friday

The Department reserves the right to either cancel, change, or alter any program schedule based on availability of staff, facility, and/or enrollment.



Queensbury
PARKS & RECREATION

742 Bay Road, Queensbury NY 12804 | (518) 761-8216
recreation.queensbury.net

Youth Sports Programs & Camps

Summer/Fall 2018



Queensbury
PARKS & RECREATION

Online Registration Now Available!
recreation.queensbury.net

Summer Programs

JUNIORS PICKLEBALL

Join **Instructor Robin Vernava** for this exciting class and learn to play the paddle sport that is taking the country by storm! The 4-session program will teach pickleball basics and help to develop each player's skill level and game play. You will enjoy playing and learning about this popular sport. Juniors Pickleball is on the rise — please join us. It's a blast — guaranteed!

The equipment is provided for use.

For questions, please Email: adkjuniorspickleball@gmail.com

FOR | Ages 14-18

WHEN | July 8-29 (Sundays)

TIME | 9:00-11:00 am

WHERE | Ridge/Jenkinsville Park Pickleball Courts
133 Jenkinsville Road

FEE | Resident \$20; Non-Resident \$30

PROGRAM SUPERVISOR:
Robin Vernava,
District Ambassador of USAPA
— Queensbury and Director of
Adk Juniors Pickleball

MAXIMUM REGISTRATION:
12

INTRODUCTION TO PICKLEBALL FOR YOUTH & FAMILIES

Pickleball is a fun sport that combines many elements of tennis, badminton, and ping-pong! It's a paddle sport created for all ages and skill levels. The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players.

The equipment is provided for use.

For questions, please Email: adkjuniorspickleball@gmail.com

FOR | Ages 10 & Up (with an Adult)

WHEN | July 7-28 (Saturdays)

TIME | 9:00-11:00 am

WHERE | Ridge/Jenkinsville Park Pickleball Courts
133 Jenkinsville Road

FEE | Resident \$25/couple; Non-Resident \$35/couple

PROGRAM SUPERVISOR:
Robin Vernava,
District Ambassador of USAPA
— Queensbury and Director of
Adk Juniors Pickleball

MAXIMUM REGISTRATION:
6 COUPLES

STRENGTH & CONDITIONING

Students will participate in a strength training program, in conjunction with a conditioning program, to achieve a maximum workout and overall increased body strength, speed, and power. This program is beneficial for athletes and for those seeking to increase total physical fitness and well-being.

FOR | Grades 10-12*, open to Boys & Girls

WHEN | June 28-August 10 (Tuesdays-Fridays)
(No Program 7/4/18)

TIME | 7:30-9:30 am

WHERE | Queensbury Middle School Grade 6 Gym
and adjacent field (outdoor conditioning)

FEE | Resident \$40; Non-Resident \$50

PROGRAM SUPERVISOR:
Matt Crossman,
Queensbury Varsity
Football Coach

* Note: Incoming 9th Graders will need to be assessed for inclusion in the Grades 10-12 Strength & Conditioning program.

INTRODUCTION TO STRENGTH TRAINING

The program is a preparatory course that will lead to a more advanced strength training program. The approach is primarily a body-weight and light-weight introduction to strength training, with age-appropriate progression. This program will achieve overall increased body strength, power, and physical fitness.

FOR | Grades 7-9, open to Boys & Girls

WHEN | June 28-August 9 (Tuesdays & Thursdays)

TIME | 9:30-10:30 am

WHERE | Queensbury Middle School Grade 6 Gym

FEE | Resident \$60; Non-Resident \$70

PROGRAM SUPERVISOR:
Matt Crossman,
Queensbury Varsity
Football Coach

GIRLS FIELD HOCKEY CAMP

FOR | Grades 3-8

WHEN | July 30-August 2 (Monday-Thursday)

TIME | 6:00-7:30 pm

WHERE | Queensbury School Athletic Field 5W

FEE | Resident \$75; Non-Resident \$85

Required: Sneakers or cleats, water bottle, sticks, shin guards, mouth guards, and protective eye gear (cage).

Summer Programs

PROGRAM SUPERVISOR:
Jeanne Chirgwin,
Queensbury Girls JV
Field Hockey Coach

CAMP SIZE:
10 MIN | 25 MAX

GIRLS BASKETBALL CAMPS – GRADES 3-7

FOR | Grades 3-7

WHEN | July 9-12 (Monday-Thursday)

TIME | Grades 3-5: 8:00-10:00 am
Grades 6-7: 10:30 am-12:30 pm

WHERE | Queensbury Middle School RFI Gym

FEE | Resident \$85/camp; Non-Resident \$95/camp

PROGRAM SUPERVISORS:
Megan Bethel,
Queensbury Girls Varsity
Basketball Coach

Lauren Surber,
Queensbury Girls JV
Basketball Coach

GIRLS BASKETBALL CAMPS – GRADES 8-12

The camp will have emphasis on the fundamentals of passing, shooting, rebounding, defense, and game situations. There will be small games (2x2; 3v3), etc..

FOR | Grades 8-12

WHEN | July 16-19 (Monday-Thursday)

TIME | 9:00-11:00 am

WHERE | Queensbury Middle School RFI Gym

FEE | Resident \$85/clinic; Non-Resident \$95/clinic

PROGRAM SUPERVISORS:
Megan Bethel,
Queensbury Girls Varsity
Basketball Coach

Lauren Surber,
Queensbury Girls JV
Basketball Coach

GIRLS PICK-UP BASKETBALL

Controlled scrimmages and pick-up games for high school girls.

FOR | Grades 8-12

WHEN | July 23-26 (Monday-Thursday)

TIME | 9:00-11:00 am

WHERE | Queensbury Middle School RFI Gym

FEE | Resident \$40; Non-Resident \$50

PROGRAM SUPERVISORS:
Megan Bethel,
Queensbury Girls Varsity
Basketball Coach

Lauren Surber,
Queensbury Girls JV
Basketball Coach

BOYS FOOTBALL CAMP

FOR | Boys Entering Grades 7 & 8

WHEN | August 15-17 (Wednesday-Friday)

TIME | 9:00-11:00 am; **Report at 8:00 am First Day for equipment issue.**

WHERE | Queensbury Middle School,
Athletic Fields 1E and 2E*

FEE | Resident \$50; Non-Resident \$60

PROGRAM SUPERVISORS:
Adam Orr,
Frank Miller,
Queensbury Middle School
Football Coaches

*NOTE: Camp will meet in the QMS RFI Gym – Please report there each morning.

BOYS OPEN GYM BASKETBALL

The Open Gym is a combination of both fundamental drills and pick-up games.

FOR | Grades 5-12

WHEN | July 16-August 20 (Mondays)

TIME | 6:30-8:00 pm

WHERE | WHBI School Gym

FEE | Resident \$40; Non-Resident \$50

PROGRAM SUPERVISOR:
Doug Fraser,
Queensbury Boys Varsity
Basketball Coach

Summer Programs



For more information on the following **Rocksport** programs, please see the **Summer 2018 Program Guide** or visit recreation.queensbury.net

HIGH ADVENTURE CAMP – ROCK CLIMBING, HIGH ROPES COURSE & KAYAKING – AGES 11-18

Participants will learn basic skills and techniques of each sport, rock climbing and kayaking, and utilize those necessary skills to participate safely.

WHEN | Session 1: July 9-13 (Monday-Friday)
Session 2: July 23-27 (Monday-Friday)

TIME | 12:00-4:00 pm (Mondays-Thursdays);
8:00 am-4:00 pm (Fridays)

WHERE | Various locations
(Rocksport Indoor Climbing Facility, 54 Carey Road, Queensbury;
SUNY Adirondack campus, Bay Road; Sacandaga River or Glen Lake)

FEE | Resident \$360/session; Non-Resident \$370/session

PROGRAM SUPERVISOR:
Robert Livingston,
Rocksport

PEBBLECRUSHERS! – AGES 5-8

There will be two days of climbing at the new, state-of-the-art Rocksport facility learning the basics (Mondays and Wednesdays), with two days at the SUNY Adirondack Challenge Course (Tuesdays and Thursdays). On Fridays, we will spend the mornings climbing on one of the crags that surrounds the Lake George basin, followed by a picnic lunch, and some swimming.

WHEN | Session 1: June 25-29
Session 2: July 9-13
Session 3: July 23-27

TIME | 9:00-11:30 am (M-Th), 9:00 am-2:00 pm (F)

FEE | Sessions 1-3: Resident \$235/session; Non-Resident \$245/session

PROGRAM SUPERVISOR:
Abby Dickenson,
Rocksport

YOUTH GOLF LESSONS

Beginner and intermediate golf lessons will be offered by **Hiland Golf Club**. This 4-session program will cover golf fundamentals. Clubs will be provided for those without equipment.

FOR | Ages 7-17

WHEN | Session 1: July 10-19 (Tuesdays & Thursdays)
Session 2: July 24-August 2 (Tuesdays & Thursdays)

TIME | 9:00-10:00 am or 10:30-11:30 am

WHERE | Hiland Golf Club, 195 Haviland Road, Queensbury

FEE | Resident \$75/session; Non-Resident \$85/session

PROGRAM SUPERVISOR:
Jim Jeffers,
Golf Pro and Director of Golf,
Hiland Golf Club

CLASS SIZE:
6 MIN | 20 MAX