



**American
Red Cross**

WSI Course—Blended Learning (Water Safety Instructor)

Purpose:

The purpose of this instructor course is to train instructor candidates to teach courses and presentations in the American Red Cross Swimming and Water Safety program including Parent and Child Aquatics, Preschool Aquatics, Learn-to-Swim, Adult Swim, Private Lessons, Water Safety Courses (including Safety Training for Swim Coaches*) and Water Safety Presentations.

The Blended Learning course is 30 hours long based on 6 students. This class includes an on-line portion that must be completed prior to the first day of class.

Participants must complete all 30 hours to be eligible for certification.

Price: \$350.00 per person

(checks only, held until successful completion of pre-course)

Pre-Test Date: Wednesday
March 4th, 6:30-7:30 PM

Dates/Time: Tuesdays & Thursdays (4)
March 17-26 4:30pm—8:30pm

Prerequisites:

- 16 years of age on or before the last date of the course
- Successfully complete a pre-course swimming skills test at Level 4 standards. The pre-course includes the following strokes/skills:
 - 25 yards of Front & Back crawl, Breaststroke, Elementary backstroke, Sidestroke and Butterfly.
 - Maintain position on back for 1 minute in deep water (sculling is allowed)
 - Tread water for 1 minute
- Complete online Blended Learning before the first day of class, link will be emailed to you once you have registered for the class and passed the pre-course swimming skills

Requirements/Course Length:

In order to become a Water Safety Instructor you must complete the pre-course skills, attend all classes, participate and be prepared for the four teaching assignments and score at least an 80% on the final written exam. All class participants must arrive on time, have homework assignments finished and ready for review each day and willing to receive feedback from fellow classmates with maturity and an open-mind.

Who should have WSI?

- **Organizations running NYS Certified Camps. NYS Sanitary Code Section 7-2.5(f)**
- **Aquatic Directors**
- **Head Lifeguards and Facility management**
- **Swimming Lesson Instructors**



THE DEPARTMENT RESERVES THE RIGHT TO EITHER CANCEL, CHANGE OR ALTER ANY PROGRAM SCHEDULE BASED ON AVAILABILITY OF STAFF, FACILITY, AND/OR ENROLLMENT.