

# FROM BEGINNER TO ADVANCED THE ADVENTURE BEGINS HERE

## 1 DEAL WITH IT (DWI)

### TECHNICAL TRAIL • RECOMMENDED DOWNHILL

**Distance: .53 km.** DWI is one of those trails that makes you work for the ride, which is why this trail is so appealing. This trail, like all of the trails at Gurney Lane, can be ridden in either direction and is worth riding both ways. DWI features a tight switchback portion that flows well and has some built-in rollers and berms that are must-hits for a fun downhill. This downhill can also be climbed and will offer an intermediate rider a fair challenge. The rest of the trail features tight riding between trees with sharp corners, while still maintaining the overall flow of the ride.

## 2 ERRATIC

### TECHNICAL TRAIL

**Distance: 1 km.** This is one of those trails that you will find yourself constantly re-riding. Although it can be ridden either way, the recommended direction is to start before the downhill portion of Rogue. Erratic will take you back and forth around numerous corners and switchbacks, many of which look sharp, but ride with a surprising amount of flow, almost as if each corner just naturally pushes your bike into the next. There are also a couple of fun rock features in the middle of the trail, both of which can be avoided, if you'd like. The trail then finishes with a very fun downhill run that maintains the theme of sharp corners that don't make you slam on your brakes. Be sure to look out for the rock jump feature in the middle of the downhill run! The trail finishes back on the yellow walking trail, which will take you back to Excalibur and Rogue if you continue going straight.

## 3 EXCALIBUR

### TECHNICAL TRAIL • RECOMMENDED DOWNHILL

**Distance: .5 km.** The trail Excalibur is accessed from the Hybrid trail intersection where Twitter and Tumblr meet. This trail is one of the more technical trails at Gurney, featuring rocks and off-camber turns, but it still manages to maintain an amazing level of flow throughout its length. Excalibur takes you all the way down to the blue walking trail and the start of Rogue, culminating in a beautiful bridge constructed of local materials by WPM Inc. This trail will challenge you to find the right line, but once you do, you'll never want it to stop.

## 4 HOMEPAGE (HP) FLOW TRAIL

**Distance: .86 km.** Accessed right from the pavement at the main entrance to Gurney Lane Park (The Plunge), this is a trail for all levels of riders, whether you're a first time single-track beginner or an experienced mountain biker. Homepage is easy riding, but don't let that fool you — this trail is fun for people of all skill levels. The trail starts off with a beautiful bench cut that rides well either up or down, followed by some wide, open, flowing turns. There's nothing too technical about this trail, but it's hard not to enjoy the trail's flow, and more advanced riders can take advantage of its hidden features, like a little step-down drop, or two very fun large rollers. Homepage is also a fun loop trail, and can be ridden multiple times for a warm-up.

## 5 ROGUE FLOW TRAIL • RECOMMENDED DOWNHILL

**Distance: 1.03 km.** Rogue is one of the many gems at Gurney Lane. It's one of those trails that has a bit of everything, from a smooth traversing climb (right at the end of Excalibur that goes through the Spine trail intersection) to a twisty section in the middle that flows over mild roots and rocks, ending at one of the most fun downhill runs at Gurney. This trail is the de facto main branch of the trail network, for many other trails stem off from it (i.e., DWI, Erratic, Rock Buster, and Coaster). Rogue also rides right through the trail junction The Hub.

## 6 TIGHT N TWISTY (TNT)

### TECHNICAL TRAIL • RECOMMENDED DOWNHILL

**Distance: .2 km.** One of the more technically difficult trails at Gurney Lane, TNT will certainly give any rider a challenge their first time down this beast. This trail branches off of DWI on the right and starts off fairly mellow with some tight between-the-trees riding, followed by a section with an alternate line over a rock feature that has a decent two-foot drop-off. The trail then crosses DWI and starts down some steep, sharp, and highly technical off-camber turns that will keep your hands on the brakes and your rear end scraping the back tire. The trail then spits you out onto a super fun downhill ride on the tail end of Erratic.

## 7 TUMBLR

### TECHNICAL TRAIL • RECOMMENDED DOWNHILL

**Distance: .4 km.** This trail (recommended as a descent only) is the most difficult of the three social network trails. Bisecting Twitter from the trail intersection Hybrid to the intersection Crazy 8, Tumblr is a steeper route than these other two trails. Not only is Tumblr steeper, but it also features some sharp corners and technical rock riding, interspersed with a fair number of roots. One of the most difficult trails at Gurney Lane, Tumblr may surprise you, but it is also highly enjoyable. (If you're looking for an extra challenge, try climbing it!)

## 8 TWITTER

### FLOW TRAIL

**Distance: 1.12 km.** A trail that's both a fairly easy climb and also a very fun downhill run is hard to find, but somehow Twitter accomplishes just this. This trail branches off from Homepage at the Crazy 8 trail intersection and meets back up with Tumblr at the top at the Hybrid trail intersection. A series of many switchbacks, this trail flows beautifully from top to bottom and will have you coming back again and again to see where you can cut off a few seconds of time. A combination of off-camber turns and intermittent rocks to avoid provide a challenging, but fun, downhill ride.

## 9 SALSA

### FLOW TRAIL • RECOMMENDED DOWNHILL

**Distance: .93 km.** Another must-ride on the Gurney Lane trails system, Salsa is an easy climb before it begins its descent amid berms and rollers. Spanning from Birmingham all the way back to the trail intersection Widget, Salsa flows from one corner to the next for what feels like forever but, unfortunately, is not. This trail is another of the three machine-built trails added during the summer of 2015. Just like the other two trails that consist of machine-built sections, Coaster and Surf, Salsa's machine-built portion feels like its own separate ride from the rest of the trail. After riding long, shallow turns on the ridge, the trail starts traversing downhill and is then non-stop berm and roller riding. This section features a level climbing line hugging a tree with a berm perched above a rock for the downhill, as well as a series of three large rollers in a row. This trail will make you fall in love with mountain biking all over again.

## 10 SURF

### FLOW TRAIL

**Distance: 1.05 km.** Surf is a new trail added to the Gurney Lane trail network in 2015. Its main theme is that the entire trail feels a bit like a pump track, with some tighter turns than its proximal trail, Salsa. Great for both climbing and descending, Surf is sure to bring a smile to your face and keep you on your toes throughout its entire length. The end of this trail features a machine-built portion at the trail intersection Widget. The machine-built trail starts off nice and easy with a set of three rollers and then pushes you through a long berm that pulls you around the nose of the hill that the trail is built on. The trail then flows beautifully near the drainage until it meets up with Birmingham, the three-way trail junction.

## 11 COASTER

### FLOW TRAIL • RECOMMENDED DOWNHILL

**Distance: .23 km.** Coaster is one of the three machine-built trails created in the summer 2015 addition to Gurney Lane. Machine-built trails present a wide spectrum of opportunities for both the builders of the trail and the riders on the trail. Coaster is a must-hit downhill run that flows so well, you'll never want the ride to end. Despite being a recommended downhill run, Coaster can also be easily climbed. This trail is unique in that its machine-built features are continuous from top to bottom, rendering Coaster with an incredible flow without a single root or rock disruption. The entire trail is essentially a feature due to the way the trail pushes you right from one berm to the next roller, then on to the next berm. Coaster branches off from The Hub and ends at Birmingham.

## 12 ROCK BUSTER

### TECHNICAL TRAIL

**Distance: 1.08 km.** Also created at Gurney Lane in the summer of 2015, this trail is unlike any other at the park due to its varied levels of difficulty. Riding the rock features (which are essentially optional, except for the easier ones) bumps Rock Buster up to a moderately difficult expert trail. Take the easier lines around all of the rock features, though, and this trail is much more of an intermediate-level ride that has some tight lines with rocks to avoid. The main features include a unique log ride, a narrow built-up rock ride that goes over three large boulders, and a super fun gravity drop that is intimidating, but doesn't require brakes. Rock Buster branches off of Erratic (right near The Hub) and is a loop trail that you'll find yourself doing countless times.

## 13 ROGUE EXTENSION

### FLOW TRAIL

**Distance: .2 km.** The fast and flowing bottom end of Rogue is too good to end so we created Rogue Extension to keep you peddling fast through shallow turns with a gentle downhill grade that keeps the momentum going. Smooth and flowing with open turns make this a real cruiser. This trail starts just before the Rogue trail meets the yellow two track and ends near the intersection where the yellow and blue two tracks merge together.

## 14 RACE COURSE

### FLOW TRAIL

**Distance: .92 km.** A machine- and hand-built trail that traverses a steep side slope to create the opportunity for lots of riding features. It is like Coaster on steroids. A little wider and a lot longer with rollers, berms and riding features that flow from one to the next. The grades allow this to be a fun ride in either direction. This trail starts near the Widget intersection and flows north 1 Kilometer, where it merges with Salsa near the Birmingham intersection.

## 15 RIDGE RUNNER

### FLOW TRAIL

**Distance: 1.1 km.** A long flowing cross country style ride with machine and hand built sections. The trail crosses a drainage with some downhill fun then surfs a ridgeline to give a rolling ride with lots of small ups and downs. Classic fun single track riding with some banked turns and a peaceful nature. This trail starts near the Widget intersection and merges with the north end of the Red Two Track and Race Course trails.

## 16 RALLY

### FLOW TRAIL

**Distance: .4 km.** An intermediate-level, hand-built trail with a downhill grade when ridden in the northern direction — a fast cruiser with a series of tight left-hand turns as the trail connects to Race Course and Ridge Runner to the north. Ridden from north to south, it is a nice, quick and flowing ride that meets up with Ridge Runner to the south.

## 17 E 20

### FLOW TRAIL

**Distance: .8 km.** An advanced-level, downhill, ONE-WAY, machine-built trail offering fast, flowing, steep bank turns, gravity drops and a big "table top" to catch some air — for those brave enough. A 30' log ride adds to the challenge and fun. This trail starts halfway up the RED, double-track trail and screams downhill and out on the GREEN double track.

## 18 TANGO

### FLOW TRAIL

**Distance: .5 km.** An advanced-level, downhill, ONE-WAY, machine-built trail offering a fast ride with twists, turns, jumps, a rock ride and lots of flow. This trail starts side-by-side with E-20 — halfway up the RED, double-track trail and screams downhill and out onto the GREEN double track. Fun, fast!